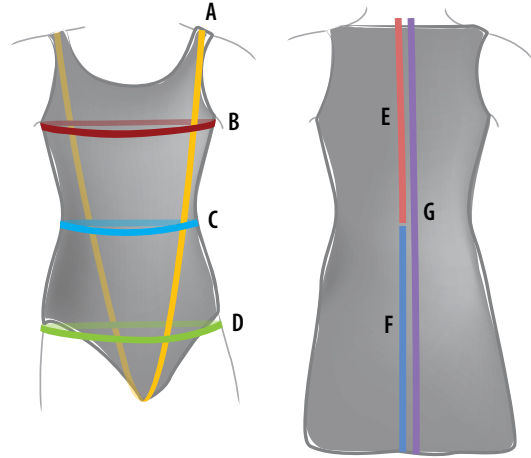


## HOW TO MEASURE FOR CHEER UNIFORMS

### HOW TO MEASURE THE BODY

- A) **Girth:** Measure from the center of the shoulder, down the front, through the legs, and up the back to the starting point on the opposite shoulder.
- B) **Bust/Chest:** With arms down, measure around the fullest part of the chest.
- C) **Waist:** Measure around the body at the natural waistline.
- D) **Hips:** Measure around the body at the fullest part of the seat.
- E) **Back Length:** Measure from the most prominent bone at the base of the neck to the natural waistline.
- F) **Skirt Length:** Measure from natural waistline to desired skirt length.
- G) **Dress Length:** Measure from the most prominent bone at the base of the neck to desired dress length.



### CHEER UNIFORM SIZING CHART

(for uniform shells and skirts styles 8500-9600)

Size	Bust	Back Length	Waist	Hips	Skirt Length	Dress Length
YS	25	10½	22½	25½	11	--
YM	27	12	23½	28	12	--
YL	30	12½	25½	32	13	--
2XS	26½	15½	21	31	13	32
XS	28½	16	22	32	13	32
S	30½	16½	24	34	14	32½
M	32½	17	26	36	14	32½
L	34½	17½	28	38	15	33½
XL	36½	18	30	40	15	34
2XL	38½	18½	32	42	16	34½
3XL	40½	19	34	44	16	35
4XL	42½	19½	36	46	17	35½
5XL	44½	20	38	48	17	36